



# HUMPHREY PUBLIC SCHOOL

*Home of the Bulldogs*

From the Superintendent's desk:

Thank you to all of our students, staff and parents for helping Humphrey Public School get off to an awesome start to the 2022-2023 school year. Your excitement and enthusiasm about a new school year has been a joy to observe. With our upcoming Labor Day break, students and staff will have the opportunity to enjoy one last summer getaway before heading into a very busy month of September, full of many exciting school activities.

I wanted to share with you our updated guidance on school protocols pertaining to COVID, different variants, and other seasonal illnesses. First and foremost, we want to keep our students and staff healthy and safe, keep students in school and keep students in activities. We are asking parents to please keep your children home when they are not feeling well or sick to help prevent the spread of illness. There are obviously many scenarios that can play out over time. If you ever have questions, please contact the school. Please see our protocols below:

- If a student tests positive for COVID, the student will need to isolate at home for five (5) days. On day six (6) they can return to school, but will be required to wear a mask through day ten (10). These time periods follow the CDC and our local health department guidelines.
- If the student who tests positive has siblings, those siblings are able to attend school, with masks recommended. If the sibling begins to show symptoms, we will require the student to go home.
- If a student who was exposed to COVID at an event outside of school, the student would be able to attend school, with masks recommended. If the student begins to show symptoms, we will require the student to go home.
- Please note that if there are any changes to our protocols, it will be communicated to you.

I greatly appreciate your help, support, and willingness to follow our guidelines for the school year. I want our students and staff to know their physical and mental well-being is very important to me. I hope they know how much I support and appreciate them every day for their commitment to learning and teaching at Humphrey Public School.

As I end my letter, I will continue to do my very best to model the importance of respect for self and others, promote Bulldog pride in our school, provide a safe and productive environment and provide educational opportunities for our students and staff. It is my goal that every student has a positive and rewarding experience here at Humphrey Public School. If you ever have any questions, please do not hesitate to give me a call or schedule a time to meet. My door is always open. Have a great September & GO BULLDOGS!!!

*Mr. King*



# SEPTEMBER 2022

## *Elementary News*

*From the Desk of Mr. Rathje:*

With the 2021-2022 school year underway, we are excited the smiles as students walk through our doors. It has been a GREAT start to the school year and we are excited to have everyone back in our building.

I would like to give a big SHOUT OUT to our elementary teachers for helping with our Elementary Open House on August 15<sup>th</sup>. We had a great turnout! Also, we would like to THANK our FCCLA as well as all of our students in grades 7-12 and their class sponsors for putting on the Fun Fair again this year and for making it a great event. I hope your family was able to partake in the activities.

As we get into the swing of things with school activities, please make sure that you are checking out our website for schedule updates [www.humphreybulldogs.org](http://www.humphreybulldogs.org). If you can't locate something on the website, please feel free to contact the school and we can assist you. In addition to our website, make sure to follow the HPS Bulldogs on Facebook and Twitter for updates as well. If you ever have any questions pertaining to the schedule, please contact the school office.

I wanted to remind all of our parents that the federal government has discontinued free meals for all students. Those that qualify based upon income can fill out the free/reduced meal application and send it back to the school. If you have any questions, please feel free to contact Mr. Rathje or Michelle Wemhoff at school.

With a new year beginning also means another round of assessments. The elementary students have completed their Acadience testing. The district MAP assessments will begin the week in mid-September and will be completed by the end of September. The MAP assessments provide valuable feedback on student growth and identify certain areas for teachers to focus on to reinforce skills. As your child's grade is taking the assessments, it is important that our students are in attendance, get plenty of sleep and a good breakfast so that they can test to the best of their abilities.

I want to thank our bus route drivers for all they do to help get our students to school and home safely. Just a reminder that extra riders on the bus will not be allowed. If you have any questions, please contact the school office.

The last thing that I would like to remind parents is calling into the school office to let us know if your student will be absent. Notification can be by phone call, email, or note. If attending an appointment of any kind, please make sure to have a note signed by the staff of the medical facility your appointment was held. Those can be brought into the school office or they can be faxed. If it is faxed, please call and check to see that we received them. Sometimes they don't always come through. Thank you for your attention to this matter.

As I wrap up my letter, I would recommend that you continue to have conversations with your children about attendance at school and being positive leaders in our school and community. Encourage them to work their hardest in all that they do. With a team effort, we can make this school year outstanding for our students. If you ever have any questions or would like to talk, please feel free to stop in my office or give me a call. My door is always open!



Educationally Yours,

***Mr. Rathje***



# THE BULLDOG

## NEWS FROM THE JH/HS PRINCIPAL

September 2022

Ok, we are off and running. I want to thank everyone who has helped in getting the school year off on a great note. It was great to see all of you at Fun Fair and talk with a lot of you over the past few weeks. With that, if you have any questions or concerns, please get a hold of me and I will do my best to help out.

With the year off and running, just a few things that I wanted to mention.

- The USDA has indicated that the school lunch program will go back to pre-pandemic routine. What that means is school lunches will NOT be paid for by the government and will be the responsibility of the student/parent. **However, please take the time to fill out a Free and Reduced lunch application as you may qualify for this program.**
- I will send out a warning list (via Connect5) to parents for the D/F list on Fridays. The D/F list will come out every Monday morning. Parents will be notified if their child is on the D/F list with a letter and grade report from me. If there are questions about your child's grade, please speak with your child first, then the teacher, then me if need be.
- Remember that water bottles need to have a clear lid or be a clear bottle. Also, remember that the water fountains have been turned back on. I understand that shopping for clear water bottles can be difficult. Most students have the Yeti tumblers with the clear lids. I know those can be high in price, the Wal-Mart brand works just as well.
- As activities begin, if you would like to allow your student to go to a school activity to watch, such as football, volleyball, cross country, and softball. Please complete the following. 1. Call the office to allow your student to be released for that activity. I ask that you do this at least a day before the event. 2. Have your student complete a yellow release form by the teachers so that any class work is understood. I am asking the students to complete these steps to eliminate any confusion in the office, classroom, and cafeteria. Please do not call the day of the activity to have your student released to go watch a meet. Please plan ahead of time.
- Please contact Mrs. Luedtke about PowerSchool.

Again, thank you all, and let's have a great year!

Mr. Kirby



# School Counselor

## WELCOME BACK

## Newsletter

Welcome back to school! I think we can all agree that it's nice to feel a small sense of normalcy again. I believe, in times like we are facing, it is of utmost importance to be flexible, understanding, empathetic, and overall good human beings. As we move throughout the year, please keep in mind that teachers, staff, and students are doing their very best to make the most of the educational and social opportunities for the wellbeing of Bulldog nation.

It is great to be back for my seventh year with Humphrey Public Schools. Similar to last year, I will write monthly to share important information and updates. In regards to the elementary, I will share the topics we have discussed and those we plan to discuss in the near future along with activities we have or will complete. I will provide the Junior High and High School students and parents with helpful tips, information, and encouraged tasks to complete within the month. If there is ever a concern you would like addressed in the elementary, or information shared with many students, please feel free to contact me. I would love to include the information.

**Elementary:** In Guidance, we will focus on three Units: Academics, Social/Emotional well-being, and College and Career readiness. There will be activities, videos, readings, speakers, and other information given throughout the year. The first month in Guidance, we will refresh with an introduction, expectations, and ice breakers. We have some new faces in the classrooms, so I want to make sure we are all on the same page. I will take this time to get to know them further as well as our awesome students returning. We will begin talking about how to be a good student and the ways we can be the best classmates as well. We will also begin discussing personal hygiene as that can play a big role in student success across the board.

### Junior High:

- To the seventh graders, welcome to the other side of the building. Remember with more freedom comes more responsibility.
- It is up to you all to make sure you are asking questions if you do not understand, turning in your homework on time, and communicating to your teachers and parents on necessary items such as being absent for a school activity.
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- To the eighth graders, remember that you were the most recent ones in the seventh graders positions. Please, be the best role models and help them out with necessary advice or assistance when needed. Also, set a good example of work ethic and school spirit to build a stronger community.
- Remember your grades are important, and in classes such as Algebra, begin affecting your high school GPA. Remember to stay organized and work hard in all that you do.

#### 9<sup>th</sup>-10<sup>th</sup> Grade:

- Grades matter. Many students find it difficult to get an ACT score they would really like to have. ACT scores do play a big role in your future with college admittance and scholarships. Another key component in that is your GPA and class rank. If your GPA is high, it can help offset an ACT score that is not where you would like it to be. On the topic of the ACT, consider the option of taking the ACT as an underclassman. You should all be aware of the switch from NSCAS to ACT as juniors, meaning all juniors will take the ACT at school. In order to prepare yourselves, sometimes it is beneficial to know what the test will be like by taking it when you are younger. This is not required but something to consider.
- Also, begin to research colleges you have an interest in. Check if these colleges have the degree that you would like to pursue, and then do some more research. Please, see me if you have any questions at all.

#### 11<sup>th</sup> Grade:

- You are all at the big ACT year. Four years ago, the state of Nebraska transitioned from the NESAS, now NSCAS, state assessment for juniors and switched to the ACT. This provides the opportunity for all students to take the ACT free of charge as well as having access to beneficial preparatory materials. The school will handle all registration for this ACT.
- On top of the state ACT, you may be interested in taking the ACT on your own. In order to do this, register at [www.act.org](http://www.act.org). You will be able to create an account and register for a future test. The ACT costs \$63.00 with no writing. If you want the optional writing section, the ACT costs \$88.00. The State ACT will include writing, but this is for state purposes not the colleges. Many ask the question of whether or not writing is necessary. Colleges do not typically require a writing score. It is beneficial if planning to pursue a degree that includes writing such as journalism, but not typically needed otherwise.
- If your family qualifies for free and reduced lunches or at an income that would qualify, please see me. We have available fee waivers that cover the test costs.
- Also in your junior year, you will want to begin doing more research on colleges, including visiting them. If interested, there will be area College Fairs occurring in both Lincoln and Omaha. I am not aware of those dates at this time, but I will communicate with you all via email and posters when the dates are released. The College fairs include area colleges and gives you the opportunity to speak to many colleges at one location. You may ask questions in regards to admission requirements, scholarships, and degree possibilities. These events will likely be virtual this year, so pay attention for an email with information.
- We will be attending an EPP (formally known as College Fairs) on CCC's campus September 28<sup>th</sup>. A permission slip was sent home with junior and seniors.
- College reps will zoom in this year. As juniors, we encourage you to meet with any rep from the colleges you have even a slight interest in. Hopefully, we can start to narrow down your future plans.

## 12<sup>th</sup> Grade:

1. Welcome to the top of the pyramid. Please, remember how many students are looking up to you to set a good example. Begin to narrow down your career choice and college choice. If you are not sure on a destination, make sure to visit the colleges as soon as you can. The visits will likely be virtual this year, but in-person ones are happening in certain locations. I can also help you narrow down your options and register for visits if you would like.
2. Another topic to be familiar with is the FAFSA. This determines what aid you may receive while in college. Beginning on October 1, you will be able to fill out the FAFSA. In order to do so, you and ONE parent will need to have FSA Ids. You can create these on [www.fsaaid.ed.gov](http://www.fsaaid.ed.gov). Do not stress too much about this. We will have a FAFSA night to help with many of the concerns you may be experiencing. I am also available to help whenever possible. Central Community College and Northeast Community College along with Education Quest also provide individualized and expert assistance on the FAFSA. You will need to call to make an appointment.
3. It is always the right time to look for scholarships. I always recommend Scholarship Quest in partnership with Education Quest. There are other great resources out there. If ever it asks for a social security number and it is not directly from the college, DO NOT give it out. The Scholarship is likely not valid. If ever you find one and are not sure, do not hesitate to send me the link and I will research the validity of the scholarship.
4. Always watch your email for information and scholarship opportunities from me!

As always, please do not hesitate to contact me with any questions or concerns. I will do my best to answer them as soon as possible.

It is a great day to be a Bulldog!

Miss Oelsligle

pK-12 School Counselor

[camio@humphrey.esu7.org](mailto:camio@humphrey.esu7.org)

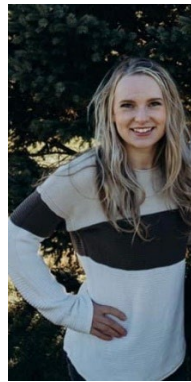
## **HUMPHREY AGRICULTURE EDUCATION PROGRAM STUDENT TEACHER**

My name is Abbie Pieke, and I'm currently a Senior Agriculture Education major at the University of Nebraska - Lincoln. This semester, I will be student teaching under Mrs. Robyn Graham at Humphrey High School. I grew up on a farm outside of Newman Grove where my family raises corn and soybeans. During my time at Newman Grove Public Schools, I spent a lot of my time in the agricultural education room. I was an active member of the Newman Grove FFA chapter and even served as president my senior year. I competed in Cooperative Speaking, Land Evaluation, Environmental and Natural Resources, Agriscience Fair. My background and involvement in FFA sparked my interest in becoming an agricultural education instructor and FFA advisor. During my time at UNL, I've spent time mentoring high school students interested in joining the Husker family through Cultivate ACCESS as well as participating in internships during the summer. For two years, I was a Sales and Marketing Intern at Helena Agri - Enterprises in Petersburg. Then in 2020, I started my own photography business venture, Through Abbie's Lens. Through these experiences I've met some really great people and learned information that I can relay onto my future students.

I've strived to get as much experience as I can and am ready to take the next step to become a teacher. I am grateful to be able to learn from Mrs. Graham this semester and student teach in a school that is supportive and pushes students to succeed. I know this will be a great experience to grow academically and personally. I cannot wait to begin this journey!



# ♥ Welcome to Kindergarten



I'm so happy to be back at Humphrey Public Schools, only this time as one of the teachers in the building. I'm Shelby Zach, the new Kindergarten teacher at HPS. After graduating from Wayne State College in 2020, I worked for Columbus Public Schools as a 2nd grade teacher at Centennial Elementary for two years. While I enjoyed my time working in Columbus, I was eager to get back to living and working in the community of Humphrey. It has been nice to see familiar faces and make connections with teachers and students. I am most excited to get to know my students and continue to see their growth throughout the year. Their excitement to learn and be at school not only brightens my day, but motivates me to do my best. They have been working so hard already.



# Preparing your Kindergarten student for eating school meals

Starting the school year can be fun and exciting for your student. Help them prepare for new learning experiences in the cafeteria with these activities:

Make a habit of washing hands before mealtime

Say “yes, please” and “no thank you” loud and clear

Practice manners while sitting at a table for meals

Let them carry their plate to the table

Help clean up after meals by carrying their plate to the sink

Remember to be mindful of the time

Use an inside voice at the table

Practice opening a milk carton and peeling a banana

Practice building your own healthy plate


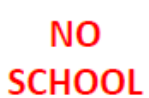
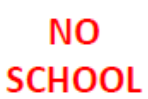
Talk about trying new foods and flavors



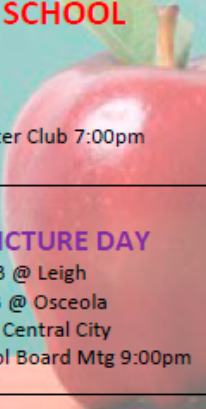

# Humphrey Public School

## September 2022 Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menus subject to change. Choice of hot breakfast sandwich, Long John, cold cereal, milk, water and juice offered daily for breakfast. Choice of cold sandwich, milk, water and salad bar offered daily for lunch. <i>Lunch alternate must be requested by 9:00 am.</i> USDA is an equal opportunity provider & employer.			<b>1</b> Hot Sandwich/Cold Cereal ~~~~~ Pork Patty on a Bun Tater Tots Fruit/Veggie Bar	<b>2</b> Hot Sandwich/Cold Cereal ~~~~~ Feistada Corn Lettuce Fruit/Veggie Bar
<b>5</b>  <div style="text-align: center;">  </div>	<b>6</b> Hot Sandwich/Cold Cereal ~~~~~ Chinese over Rice Broccoli Fruit/Veggie Bar	<b>7</b> Hot Sandwich/Cold Cereal ~~~~~ McRibb on a Bun Steamed Peas Fruit/Veggie Bar	<b>8</b> Hot Sandwich/Cold Cereal ~~~~~ Flying Saucers Corn Fruit/Veggie Bar Dinner Bun	<b>9</b> Hot Sandwich/Cold Cereal ~~~~~ Pizza Lettuce Fruit/Veggie Bar Cookie
<b>12</b> Hot Sandwich/Cold Cereal ~~~~~ Salisbury Steak Mashed Potatoes & Gravy Fruit/Veggie Bar Dinner Bun	<b>13</b> Hot Sandwich/Cold Cereal ~~~~~ Chicken Drumsticks Corn Fruit/Veggie Bar Dinner Bun	<b>14</b> Hot Sandwich/Cold Cereal ~~~~~ Hot Dogs(elem)/Pigs in a Blanket Baked Beans Fruit/Veggie Bar	<b>15</b> Hot Sandwich/Cold Cereal ~~~~~ Tater Tot Casserole Corn Fruit/Veggie Bar Bread Stick	<b>16</b> Hot Sandwich/Cold Cereal ~~~~~ Shredded Pork on a Bun Broccoli Fruit/Veggie Bar
<b>19</b> Hot Sandwich/Cold Cereal ~~~~~ Chicken Alfredo over Noodles Steamed Veggies Fruit/Veggie Bar Bread Stick	<b>20</b> Hot Sandwich/Cold Cereal ~~~~~ Sub Sandwich Chips Fruit/Veggie Bar	<b>21</b> Hot Sandwich/Cold Cereal ~~~~~ Chicken Nuggets Corn Fruit/Veggie Bar Dinner Bun	<b>22</b> Hot Sandwich/Cold Cereal ~~~~~ Nachos Lettuce Fruit/Veggie Bar	<b>23</b> Hot Sandwich/Cold Cereal ~~~~~ Hamburger on a Bun Baked Beans Fruit/Veggie Bar
<b>26</b>  <div style="text-align: center;">  </div>	<b>27</b> Hot Sandwich/Cold Cereal ~~~~~ Chicken & Waffles Corn Fruit/Veggie Bar	<b>28</b> Hot Sandwich/Cold Cereal ~~~~~ Beef N Bean Burrito or Hot Dog California Veggies Fruit/Veggie Bar	<b>29</b> Hot Sandwich/Cold Cereal ~~~~~ Meatball Sub Green Beans Fruit/Veggie Bar	<b>30</b>  <div style="text-align: center;">  </div>

# SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Check out the website &amp; watch for the most up to date information at <a href="http://www.humphreybulldogs.org">www.humphreybulldogs.org</a> ! Activities are subject to change due to unforeseen scheduling conflicts, etc. Please watch the daily bulletin for the most up to date information.</p>				<p><b>1</b> *Homecoming Pep Rally *SB Triangular @ Genoa *VB vs Aquinas @ HHS (C/JV/V) *XC @ Beemer</p>	<p><b>2</b> *JH XC @ Madison *HS FB vs Osceola @ HHS *Homecoming dance after the game</p>	<p><b>3</b></p>
<p><b>4</b></p>	<p><b>5</b> <b>NO SCHOOL</b>  *Booster Club 7:00pm</p>	<p><b>6</b> <b>NO SCHOOL PK-6</b> * Dance Practice 7:00am *College Fair @ CCC *SB vs Polk County @ Genoa *5<sup>th</sup> Grade Instrument Show *JH VB @ Stanton *HS VB @ GACC (C/JV/V)</p>	<p><b>7</b> *FFA meeting 7:30am *District Greenhand Day @ CCC</p>	<p><b>8</b> *SB Triangular @ Dodge *HS VB vs North Bend @HHS (C/JV/V)</p>	<p><b>9</b> *JH/HS XC @ Norfolk *HS FB @ Randolph</p>	<p><b>10</b> *SB Tourney @ Lakeview *JH VB Tourney @ Clarkson *HS VB Tourney @ Friend</p>
<p><b>11</b></p>	<p><b>12</b> <b>PICTURE DAY</b> *JH VB @ Leigh * JV FB @ Osceola *SB @ Central City *School Board Mtg 9:00pm</p>	<p><b>13</b> *JH VB vs GACC @ LHF *HS VB vs Oakland-Craig @ HHS (C/JV/V)</p>	<p><b>14</b> *Cheer Practice 7:00am *Banking in School 7:30am *ASVAB testing</p>	<p><b>15</b> *HS XC @ Pender *SB vs GICC @ Genoa *HS VB @ Clarkson (C/JV/V)</p>	<p><b>16</b> *FCCLA meeting 7:30am *HS FB @ Howells</p>	<p><b>17</b> *C Team VB Tourney @ North Bend *HS VB Tourney @ Cross County</p>
<p><b>18</b></p>	<p><b>19</b> *JH FB vs Riverside @ LHF *JV SB vs Centennial @ Genoa *C/JV VB @ Laurel *JV FB vs Riverside @ LHF</p>	<p><b>20</b> *SB vs Pierce @ Genoa (Pack the Park Night) *HS VB Triangular @ West Point</p>	<p><b>21</b> *Dance Practice 7:00am</p>	<p><b>22</b> *SB Triangular @ Hastings *HS VB vs Summerland @ HHS (C/JV/V)</p>	<p><b>23</b> *FFA Feed a Farmer @ CVA 11:30am *JH/HS XC @ Albion *HS Football vs Walthill @ LHF</p>	<p><b>24</b> *SB EHC Tourney @ Wisner *Marching Band Parade @ Norfolk</p>
<p><b>25</b></p>	<p><b>26</b> <b>NO SCHOOL</b> <b>Parent/Teacher Conferences</b> *XC @ UNK (Kearney)</p>	<p><b>27</b> *SB vs Ord @ Genoa *JH FB vs Bancroft/Rosalie @ HHS *HS VB vs Pender @ HHS (C/JV/V)</p>	<p><b>28</b> *Cheer Practice 7:00am *Banking in School 7:30am *4 Year Old PK to Pumpkin Patch *FFA Safety Academy @ Park 1:30</p>	<p><b>29</b> *3 Year old PK to Pumpkin Patch *JH/HS XC @ Stanton *JH VB vs SRC @ HHS *HS VB @ Omaha Concordia (C/JV/V)</p>	<p><b>30</b> <b>NO SCHOOL</b> *FB @ Winside</p>	<p></p>