

MAY & JUNE

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|--|-------------------------------------|
| Weight Room- Boys Starts May 28th M-T-R Mornings @ 7:00am Wednesday Evening @ 5:00pm Fridays -Scheduled with Coaches GIRLS - Starts June 3rd M-T-W Mornings 8:00am Thursday Nights 5:00pm Friday: TBD | 28-May Youth Girls Basketball Camp 9:00 -11:45am @HHS H.S. Girl B-Ball Summer League @ Scotus TBD | Youth Girls Basketball Camp 9:00 -11:45am @HHS H.S. Girls Team Camp 12:30-2:30pm | Youth Girls Basketball Camp 9:00 -11:45am @HHS H.S. Girls Team Camp 12:30-2:30pm | Youth Girls Basketball Camp 9:00 -11:45am @HHS H.S. Girls Team Camp 12:30-2:30pm | H.S Girls Basketball Camp @ Broken Bow (Varsity) | H.S Boys Basketball @ Kearney |
| 2 H.S. Boys B-Ball Summer League @ Scotus TBD | 3 H.S. Girl B-Ball Summer League @ Scotus TBD | 4 H.S. Girl B-Ball Summer League @ Scotus TBD | 5 Youth Boys B-Ball Camp 9:00-12:00am VB C-Team Summer League @ Columbus | 6 Youth Boys B-Ball Camp 9:00-12:00am | 7 H.S. Boys B-Ball @ Seward (Varsity) | 8 H.S Girls Basketball @ Kearney |
| 9 H.S Girls Basketball @ Kearney | 10 H.S. Boys B-Ball Summer League @ Scotus TBD | 11 H.S. Girl B-Ball Summer League @ Scotus TBD H.S. Boys B-Ball @Cross County (JV) H.S. Boys B-Ball Top 10 @ Riverside (Varsity) | 12 Youth Boys B-Ball Camp 9:00-12:00am VB C-Team Summer League @ Columbus | 13 Youth Boys B-Ball Camp 9:00-12:00am | 14 Youth Boys B-Ball Camp 9:00-12:00am | 15 |
| 16 H.S. Boys B-Ball Summer League @ Scotus TBD | 17 H.S. Girl B-Ball Summer League @ Scotus TBD | 18 H.S. Girl B-Ball Summer League @ Scotus TBD | 19 H.S. Boys B-Ball Camp @ Clarkson-Leigh (9th-10th) VB Varsity Summer League Columbus VB C-Team Summer League @ Columbus | 20 H.S. Boys B-Ball Camp @ West Point (varsity) | 21 H.S. Boys B-Ball Camp @ West Point (varsity) | 22 |
| 23 H.S. Boys B-Ball Summer League @ Scotus TBD | 24 H.S. Girl B-Ball Summer League @ Scotus TBD | 25 H.S. Girl B-Ball Summer League @ Scotus TBD VB Summer League JV & V @ Norfolk | 26 VB Varsity Summer League Columbus VB C-Team Summer League @ Columbus | 27 JV/V Team Camp @ HHS Cross Country Camp Jr. & H.S. @ HHS 8:00am-12:00pm | 28 Bloodmobile in the Gym @ HHS | 29 |

July

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--------|----------|
| | 1 VB Summer League JV & V @ Norfolk | 2 VB Summer League JV & V @ Norfolk | 3 | 4 | 5 | 6 |
| 7 Youth VB Camp Grade 6th -8th 9:30-11:30 Grades 12:00-2:00pm | 8 Youth VB Camp Grade 6th -8th 9:30-11:30 Grades 12:00-2:00pm | 9 Youth VB Camp Grade 6th -8th 9:30-11:30 Grades 12:00-2:00pm | 10 Youth VB Camp Grade 6th -8th 9:30-11:30 Grades 12:00-2:00pm | 11 | 12 | 13 |
| 14 VB Midland Team Camp @ HHS | 15 VB Midland Team Camp @ HHS | 16 VB Midland Team Camp @ HHS | 17 VB Varsity Summer League Columbus | 18 | 19 | 20 |
| 21 VB Future TOP 10 @ Kearney (9th&10th Grade) | 22 VB Future TOP 10 @ Kearney (9th&10th Grade) | 23 VB Future TOP 10 @ Kearney (9th&10th Grade) | 24 FB Camp @ HHS 6:00-8:00pm | 25 | 26 | 27 |
| 28 VB Top 10 @ Kearney Varsity | 29 VB Top 10 @ Kearney Varsity | 30 VB Top 10 @ Kearney Varsity | 31 FB Pre-season Conditioning 6:00pm @ HHS (athletes must attend at least 4 times) | Weight Room- Boys Starts May 28th M-T-R Mornings @ 7:00am Wednesday Evening @ 5:00pm Fridays -Scheduled with Coaches GIRLS - Starts June 3rd M-T-W Mornings 8:00am Thursday Nights 5:00pm Friday: TBD | | |

AUGUST

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---------|--|---|------------------------|--|
| | | | Weight Room- Boys Starts May 28th M-T-R Mornings @ 7:00am Wednesday Evening @ 5:00pm Fridays -Scheduled with Coaches GIRLS - Starts June 3rd M-T-W Mornings 8:00am Thursday Nights 5:00pm Friday: TBD | 1 FB Pre-Season Conditioning 6:00pm @ HHS (athletes must attend at least 4 times) | 2 | 3 |
| 4 | 5 FB Pre-Season Conditioning 6:00pm @ HHS (athletes must attend at least 4 times) | 6 | 7 FB Pre-Season Conditioning 6:00pm @ HHS (athletes must attend at least 4 times) FB Equipment Checkout | 8 FB Pre-Season Conditioning 6:00pm @ HHS (athletes must attend at least 4 times) | 9 | 10 FB Pre-Season Conditioning 6:00pm @ HHS (athletes must attend at least 4 times) |
| | | | | VB Conditioning 10:00am IMPACT TESTING 9:00AM @HHS GRADES 7TH, 9TH, 11TH | VB Conditioning 9:00am | |
| 11 | 12 All Fall Sports Start MUST HAVE SPORTS PHYSICALS COMPLETED BEFORE YOU CAN PRACTICE | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |